Do not write, stamp, punch holes or affix a sticker in this area.

## **♠** Direction of Feed **♠** Medicare **Health Risk Assessment**

To reproduce, follow the printing instructions.
Do not fold this form.

|   | PLEASE PRINT PATIENT'S LAST NAME                          |
|---|---|
| Marking Instructions                          |   |
| Please use a #2 pencil.                       | PLEASE PRINT PATIENT'S FIRST NAME PATIENT'S DATE OF BIRTH |
| Fill in the complete oval as shown            |   |
|   | Month Day Year  |
|   |   |
|   |   |
| CURRENT HEALTH CONDITIONS                     |   |
| What health conditions do you currently have? | (Places mark each condition that applies to you)          |

| CURRENT HEALTH CONI  | DITIONS            |                  |                     |  |       |                       |
|--|--------------------|------------------|---------------------|--|-------|-----------------------|
| What health conditions do y  | ou currently ha    | ve? (Please mar  | k each condition    | that applies to y                          | ou.)  |                       |
| heart disease heart fa<br>breathing problems caused by emphysema or asthma<br>diabetes or other blood sugar problems<br>other conditions |                    |                  |                     | arged heart oney dialysis odepression NONE |       |                       |
| PRESCRIPTION DRUGS   |                    |                  |                     |  |       |                       |
| How many different prescrip  | otion drugs do y   | ou take each day | <b>/</b> ?          |  |       |                       |
| 0  | 1 ○<br>8 ○<br>15 ○ | 2                | 3 <u> </u>          | 4 ○<br>11 ○<br>18 ○                        | 5     | 6<br>13<br>20 or more |
| GENERAL HEALTH   | We want to k       | now how easy or  | difficult it is for | you to get arour                           | nd.   |                       |
| Do you have any trouble get  | ting around?       |                  |                     |  | yes 🔾 | no 🔾                  |
| Do you use a cane, wheelchair or walker to move around?  |                    |                  |                     | yes 🔾                                      | no 🔾  |                       |
| Do you need the help of ano  | •                  |                  |                     |  | yes 🔾 | no 🔾                  |
| Do you need to stay in the h   |                    |                  |                     |  | yes 🔾 | no 🔾                  |
| Do you need to stay in bed n   |                    | e time?          |                     |  | yes 🔾 | no 🔾                  |

| Do you have any trouble getting around?                   | yes 🔵 | no 🤇 |
|---|-------|------|
| Do you use a cane, wheelchair or walker to move around?   | yes 🔘 | no 🤇 |
| Do you need the help of another person to move around?    | yes 🔘 | no 🤇 |
| Do you need to stay in the house most or all of the time? | yes 🔾 | no 🤇 |
| Do you need to stay in bed most or all of the time?       | yes 🔘 | no 🤇 |
| Do you have any recent dietary changes?                   | yes 🔘 | no 🤇 |
| Have you had any recent injuries?                         | yes 🔘 | no 🤇 |

| HELP AT HOME  |       |      |
|---|-------|------|
| Do you need help at home due to your health problems? | yes 🔘 | no 🔘 |
| Has it been hard for you to get the help you need?    | yes 🔘 | no 🔘 |

| 1 | HOSPITAL STAYS IN THE LAST YEAR                  |                                  |               |           |         |
|---|--|----------------------------------|---------------|-----------|---------|
|   | In the previous 12 months, have you stayed overn | ight as a patient in the hospita | ıl?           | yes 🔵     | no 🔘    |
|   | About how many times?                            | 1 time 🔘                         | 2 – 3 times 🔘 | 4 or more | times 🔘 |

| MEMORY LOSS   |       |      |
|---|-------|------|
| Are you being treated for serious memory loss or have you been told you have serious memory | loss? |      |
|   | ves 🔘 | no 🔘 |

| DEPRESSION  |       |      |
|---|-------|------|
| During the past month, have you been bothered by: |       |      |
| Feeling down, depressed or sad?                   | yes 🔘 | no 🔘 |
| Little interest or pleasure in doing things?      | yes 🔾 | no 🔘 |

