



Marking Instructions

Please use a #2 pencil. Fill in the complete oval as shown...



PLEASE PRINT PATIENT'S LAST NAME

Grid for patient's last name

PLEASE PRINT PATIENT'S FIRST NAME

Grid for patient's first name

PATIENT'S DATE OF BIRTH

Grid for patient's date of birth

Month Day Year

TOBACCO USE

TOBACCO USE questions: What is the patient's smoking status? At what age did the patient begin smoking? If the patient quit smoking, at what age did the patient quit? How many packs per day does the patient smoke now (or in the past)? Is the patient exposed to passive (second hand) smoke? If yes, how often?

ALCOHOL USE

ALCOHOL USE questions: How often does the patient use alcohol? What type(s) of alcohol does the patient drink? How many drinks does the patient have per occasion?

DRUG USE

DRUG USE options: none, current, previous, prefer to discuss with physician

TRAVEL

TRAVEL question: Did the patient travel outside of North America within the last year? If yes, where?

HABITS

HABITS question: How often does the patient wear a seatbelt / car seat?

PET HISTORY

Does the patient have any of the following pets? If yes, please answer whether they stay inside, outside and/or lay on the patient's bed.

PET HISTORY table with rows for Dog, Cat, Bird, Horse, Other and columns for no/yes, inside/outside, pet in bed.





SOCIAL ENVIRONMENT

Please indicate if THE PATIENT has the following items in the home:

Bedroom carpet	yes <input type="radio"/>	no <input type="radio"/>	
Family room carpet	yes <input type="radio"/>	no <input type="radio"/>	
Mold problem inside the home	yes <input type="radio"/>	no <input type="radio"/>	
Central air	yes <input type="radio"/>	no <input type="radio"/>	
Central heat	yes <input type="radio"/>	no <input type="radio"/>	
Disposable filters	yes <input type="radio"/>	no <input type="radio"/>	
If yes, how frequently are they changed?	monthly <input type="radio"/>	3-5 months <input type="radio"/>	
	1-2 months <input type="radio"/>	>5 months <input type="radio"/>	
Dust mite encasings for pillow(s)	yes <input type="radio"/>	no <input type="radio"/>	
Dust mite encasings for mattress	yes <input type="radio"/>	no <input type="radio"/>	
Bedding	synthetic <input type="radio"/>	feather <input type="radio"/>	
Pillow	synthetic <input type="radio"/>	feather <input type="radio"/>	
Is the patient's living environment:	apartment <input type="radio"/>	mobile home <input type="radio"/>	other (please specify): <input type="text"/>
	single family home <input type="radio"/>	dorm room <input type="radio"/>	

PAST MEDICAL HISTORY

Has the patient ever been hospitalized for asthma?	yes <input type="radio"/>	no <input type="radio"/>
Has the patient ever had a skin test?	yes <input type="radio"/>	no <input type="radio"/>
Has the patient ever had a RAST (blood) allergy test?	yes <input type="radio"/>	no <input type="radio"/>
Has the patient ever had allergy shots?	yes <input type="radio"/>	no <input type="radio"/>
Are the patient's immunizations up to date?	yes <input type="radio"/>	no <input type="radio"/>
Does the patient have a medication allergy?	yes <input type="radio"/>	no <input type="radio"/>

YOUR MEDICAL HISTORY

Please indicate if THE PATIENT has a history of the following. Mark all that apply.

<input type="radio"/> Anaphylaxis	<input type="radio"/> Latex Allergy	<input type="radio"/> High Blood Pressure
<input type="radio"/> Asthma	<input type="radio"/> Eye Allergies	<input type="radio"/> High Cholesterol
<input type="radio"/> Nasal Allergies	<input type="radio"/> Immune Deficiency	<input type="radio"/> HIV
<input type="radio"/> Sinus Infections, Recurrent	<input type="radio"/> Arrhythmia	<input type="radio"/> Kidney Disease
<input type="radio"/> Pneumonia, Recurrent	<input type="radio"/> Anemia	<input type="radio"/> Liver Cancer
<input type="radio"/> Hives	<input type="radio"/> Anxiety Disorder	<input type="radio"/> Liver Disease
<input type="radio"/> Swelling (Angioedema)	<input type="radio"/> Arthritis	<input type="radio"/> Lung Cancer
<input type="radio"/> Eczema	<input type="radio"/> Autoimmune Problems	<input type="radio"/> Mental Illness
<input type="radio"/> Emphysema (COPD)	<input type="radio"/> Birth Defects	<input type="radio"/> Migraines
<input type="radio"/> Contact Dermatitis	<input type="radio"/> Blood Transfusion(s)	<input type="radio"/> Osteoporosis (Osteopenia)
<input type="radio"/> Sting Reaction (please specify insect): _____	<input type="radio"/> Breast Cancer	<input type="radio"/> Prostate Cancer
Sting Reaction Location: <input type="radio"/> local <input type="radio"/> systemic	<input type="radio"/> Cervical Cancer	<input type="radio"/> Rectal Cancer
<input type="radio"/> Food Allergy (please specify): _____	<input type="radio"/> Colon Cancer	<input type="radio"/> Reflux / GERD
	<input type="radio"/> Depression	<input type="radio"/> Seizures / Convulsions
	<input type="radio"/> Diabetes	<input type="radio"/> Skin Cancer
	<input type="radio"/> Ear Infections	<input type="radio"/> Thyroid Problems
	<input type="radio"/> Growth / Development Disorder	<input type="radio"/> NONE OF THE ABOVE
	<input type="radio"/> Heart Disease	

PATIENTS UNDER 18 ONLY

Was the patient breastfed?	yes <input type="radio"/>	no <input type="radio"/>		
If yes, how long?	<1 month <input type="radio"/>	1-3 months <input type="radio"/>	3-6 months <input type="radio"/>	>6 months <input type="radio"/>
Was the patient born prematurely?	yes <input type="radio"/>	no <input type="radio"/>		
If yes, how early?	<28 weeks <input type="radio"/>	28-30 weeks <input type="radio"/>	30-33 weeks <input type="radio"/>	>33 weeks <input type="radio"/>
Did the patient have respiratory problems at birth?	yes <input type="radio"/>	no <input type="radio"/>		
Did the patient have a formula or other food intolerance / reaction?	yes <input type="radio"/>	no <input type="radio"/>		
If yes, to which food(s)? _____				





FAMILY MEDICAL HISTORY

- FAMILY HISTORY UNKNOWN
- ADOPTED
- NO SIGNIFICANT FAMILY MEDICAL HISTORY

Please indicate which of **THE PATIENT'S FAMILY MEMBER(S)** have had these illnesses:

	Mother	Father	Sibling (brother or sister)
Arthritis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Asthma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breast Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Colon Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COPD	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Diabetes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Eczema	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heart Disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High Blood Pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High Cholesterol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Immune Disorder	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Kidney Disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Migraines	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Nasal Allergies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Osteoporosis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recurrent Pneumonia	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recurrent Sinusitis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Swelling (Angioedema)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thyroid Problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other Cancer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

SURGICAL HISTORY

Please indicate if **THE PATIENT** has had any of the following surgeries:

- PATIENT HAS HAD NO SURGERIES
- Adenoidectomy
- Sinus Surgery
- Tonsillectomy
- Deviated Nasal Septum
- Appendectomy

Ear Tubes	<input type="radio"/> left	<input type="radio"/> right	<input type="radio"/> both	<input type="radio"/> multiple times
Gallbladder Surgery	<input type="radio"/> open	<input type="radio"/> laparoscopic		
Hysterectomy	<input type="radio"/> partial	<input type="radio"/> complete		
Lung Surgery	<input type="radio"/> left	<input type="radio"/> right		
Kidney Removal	<input type="radio"/> left	<input type="radio"/> right		
Cataract Surgery	<input type="radio"/> left	<input type="radio"/> right	<input type="radio"/> both	
Breast Cancer Lump Removal	<input type="radio"/> left	<input type="radio"/> right	<input type="radio"/> both	
Mastectomy	<input type="radio"/> left	<input type="radio"/> right	<input type="radio"/> both	
Ovary Removal	<input type="radio"/> left	<input type="radio"/> right	<input type="radio"/> both	
Thyroid Removal	<input type="radio"/> left	<input type="radio"/> right	<input type="radio"/> total	<input type="radio"/> partial
Heart Valve Replacement	<input type="radio"/> mitral	<input type="radio"/> aortic	<input type="radio"/> tricuspid	<input type="radio"/> unknown valve
Heart Bypass Surgery	<input type="radio"/> 1 vessel	<input type="radio"/> 2 vessels	<input type="radio"/> 3 vessels	<input type="radio"/> 4 or more vessels
	<input type="radio"/> OTHER SURGERY (please specify):			