

# Lap Band Follow Up

4 week and successive follow up visits

## Marking Instructions

Please use a # 2 pencil  
Fill in the complete oval as shown...



PLEASE PRINT PATIENT'S LAST NAME

PLEASE PRINT PATIENT'S FIRST NAME

PATIENT'S DATE OF BIRTH

Month

Day

Year

Do you eat breakfast?

yes

no

How many meals do you eat per day?

1

2

3

4

graze

Are you hungry between meals?

yes

no

Please indicate foods that you CANNOT eat.  
(Mark all that apply)

beef

chicken

fish

bread

salad

pizza

fruit(s)

How often do you eat high calorie snacks?  
(i.e. ice cream, sweets, chips, cookies)

rarely

1 – 2 times per week

3 – 4 times per week

daily

Do you drink any beverages that are high in calories?  
(i.e. sodas, juices, sweet tea)

yes

no

Do you drink with meals?

never / < 10% of the time

10 – 25% of the time

25 – 50% of the time

50 – 75% of the time

> 75% of the time

Do you have reflux or heartburn?

yes

no

How many times have you vomited in the last 2 weeks?

NONE

once

2 – 3 times

every other day

daily

How many days per week do you exercise?

NONE

1 – 2

3 – 4

5 – 7