

Do not write, stamp, punch holes or affix a sticker in this area.

To reproduce, follow the printing instructions. Do not fold this form.

Direction of Feed

# Foot / Ankle



Please answer every question

STAFF: Handwritten items must be entered **MANUALLY**.

## Marking Instructions

Please use a #2 pencil. Fill in the complete oval as shown...



PLEASE PRINT PATIENT'S LAST NAME

Grid for patient last name

PLEASE PRINT PATIENT'S FIRST NAME

Grid for patient first name

PATIENT'S DATE OF BIRTH

Month Day Year grid

AGE

Age grid

## AFFECTED SIDE

|       | left                     | right                    | both                     |
|-------|--------------------------|--------------------------|--------------------------|
| foot  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ankle | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| toes  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## ONSET OF SYMPTOMS

Which best describes how your symptoms began?

- due to an injury
- gradual onset
- sudden onset

How long ago did the symptoms begin?

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- >10
- days ago
- weeks ago
- months ago
- years ago

If you do not remember when your symptoms began, please describe how long you have been experiencing the symptoms:

- Over the last:  1  2  3  4  5  6  7  8  9  10  11  12  13  14  15  16+  weeks  months  years

## TIMING

- constant
  - intermittent
  - occasional
  - rare
  - daytime
  - nighttime
  - pain causes me to wake up from sleep
- other: \_\_\_\_\_

## HOW DID YOUR PROBLEM START?

- at home
  - at work
  - during athletic activities
  - non-vehicle accident
  - motor vehicle accident
  - no known cause
- other: \_\_\_\_\_

If you have had multiple injuries, please describe:

## MECHANISM

- pulling
  - twisting
  - lifting
  - bending
  - direct blow
  - fall
  - sleep position
  - repetitive motion
  - reaching
- other: \_\_\_\_\_

## PAIN

Are you currently experiencing pain?

- yes
- no

How much pain are you experiencing...

0 = no pain 10 = intolerable

NOW:  No Pain  0  1  2  3  4  5  6  7  8  9  10  Intolerable

AT ITS WORST:  No Pain  0  1  2  3  4  5  6  7  8  9  10  Intolerable

## QUALITY

- sharp
  - dull
  - aching
  - burning
  - stabbing
  - throbbing
  - stinging
- other: \_\_\_\_\_

## ASSOCIATED SIGNS AND SYMPTOMS

- stiffness
  - weakness
  - locking
  - catching
  - numbness
  - tingling
  - giving way
- other: \_\_\_\_\_



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## PROGRESSION

- worsening
- improving
- resolved
- unchanged
- other: \_\_\_\_\_

## WHAT MAKES YOUR PAIN WORSE?

- nothing makes the pain worse
- lying down
- walking
- standing
- sitting
- climbing stairs
- getting out of a chair
- bending forward
- bending backward
- coughing
- sneezing
- other: \_\_\_\_\_

## WHAT MAKES YOUR PAIN BETTER?

- nothing makes the pain better
- ice
- heat
- rest
- walking
- standing
- sitting
- lying down
- using a brace
- using a splint
- using crutches
- elevation
- stretching
- prescription medication
- over-the-counter medication
- changing activities
- massage
- physical therapy
- injections
- chiropractor
- previous surgery
- medications
- other: \_\_\_\_\_

## TREATMENT HISTORY

Have you gone to any other locations for today's problem?

- none
- Urgent Care
- Emergency Room
- Chiropractor
- Inpatient Evaluation
- Primary Care Provider
- Other Ortho Physician
- Other Physician at this Location
- other: \_\_\_\_\_

Have you had any of the following for today's problem?

- X-Ray
- CT Scan
- MRI
- other: \_\_\_\_\_

## WORK HISTORY

Are you currently working?

- NO (If no, when did you last work?): \_\_\_\_\_
- yes
- disabled
- retired

Are you currently on any work restrictions?

- no
- YES (please explain): \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

## CURRENT SYMPTOMS

Please mark all symptoms you are **CURRENTLY** experiencing.  
Mark all that apply. If no symptoms in a category, please mark "NONE."

|                                |  |   |                            |
|--------------------------------|--|---|----------------------------|
| <b>GENERAL</b>                 | trouble sleeping <input type="radio"/>   | fatigue <input type="radio"/>             |                            |
|                                | recent weight loss <input type="radio"/> | loss of appetite <input type="radio"/>    | NONE <input type="radio"/> |
| <b>CARDIOVASCULAR</b>          | chest pain <input type="radio"/>         | palpitations <input type="radio"/>        | NONE <input type="radio"/> |
| <b>SKIN</b>                    | frequent rashes <input type="radio"/>    | lumps <input type="radio"/>               |                            |
|                                | skin ulcers <input type="radio"/>        | non-healing wound <input type="radio"/>   | NONE <input type="radio"/> |
| <b>EAR / NOSE / THROAT</b>     |  | hoarseness <input type="radio"/>          |                            |
|                                | hearing loss <input type="radio"/>       | trouble swallowing <input type="radio"/>  | NONE <input type="radio"/> |
| <b>ENDOCRINE</b>               | cold intolerance <input type="radio"/>   | heat intolerance <input type="radio"/>    | NONE <input type="radio"/> |
| <b>EYES</b>                    |  | blurred vision <input type="radio"/>      |                            |
|                                | vision loss <input type="radio"/>        | double vision <input type="radio"/>       | NONE <input type="radio"/> |
| <b>GASTROINTESTINAL</b>        | heartburn <input type="radio"/>          | vomiting <input type="radio"/>            |                            |
|                                | nausea <input type="radio"/>             | blood in stool <input type="radio"/>      | NONE <input type="radio"/> |
| <b>GENITOURINARY</b>           | blood in urine <input type="radio"/>     | painful urination <input type="radio"/>   | NONE <input type="radio"/> |
| <b>HEMATOLOGIC / LYMPHATIC</b> | easy bruising <input type="radio"/>      | easy bleeding <input type="radio"/>       | NONE <input type="radio"/> |
| <b>NEUROLOGICAL</b>            |  | dizziness <input type="radio"/>           |                            |
|                                | headaches <input type="radio"/>          | numbness <input type="radio"/>            | NONE <input type="radio"/> |
| <b>PSYCHIATRIC</b>             | feeling anxious <input type="radio"/>    | feeling depressed <input type="radio"/>   | NONE <input type="radio"/> |
| <b>RESPIRATORY</b>             | chronic cough <input type="radio"/>      | shortness of breath <input type="radio"/> | NONE <input type="radio"/> |

SAMPLE